



XII INTERNATIONAL ARTISTIC SWIMMING COMPETITIONS

"Russian Matryoshka"

December 08 -12, 2021, Russia, Chekhov

Invitation and Information Bulletin# 1

Dear Friends,

The Russian Synchronised (artistic) Swimming Federation and the Synchronised (artistic) Swimming Federation of Moscow region are pleased to invite you to the XII International Artistic Swimming Competitions "RUSSIAN MATRYOSHKA" to take place in the city of Chekhov on December 08-12, 2021.

THE EVENT

"RUSSIAN MATRYOSHKA" is an open competitions aimed to promote our sport and facilitate technical growth of young athletes.

ORGANISERS

Russian Synchronised (artistic) Swimming Federation
Synchronised (artistic) Swimming Federation of Moscow Region

DATES

Competitions – December 09-12, 2021

Official Training – December 08, 2021

RULES

According to FINA Rules 2017-2021 for all events

Figures for Age group - 12 and under (100%)

Free routine: Solo, Duet, Team (100%), Free Combination (100%)

Time: Solo 2'00", Duet 2'30", Mix Duet 2'30", Team 3'00", Free Combination 3'00"

ENTRIES

National or club teams (**athletes born in 2009 and under**)

2 Solos, 2 Duets, 2 Mixed Duets, 1 Team, 1 Combination

Officials – max. 2 Judges, 1 team manager, up to 5 coaches

SWIMMING POOL

Indoor pool, 25 m x 50 m (2, 20 m depth).



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MUSIC

CD or USB of good quality and marked with event and name of the competitor.

SCHEDULE (preliminary)

December 08 Arrivals, training, meetings

December 09 Figures,

December 10 Free Combination / Duet, Mixed Duet

December 11 Team / Solo

December 12 Departure

ACCOMMODATION :

Hotel «OLIMPISKAYA»

Address: 2, Sovetskaya Str., Chekhov

If you pay in cash or by credit card directly to the hotel, the cost will be:

For athletes - **750 rubles** per person per day

For coaches, judges and team staff - **2400 rubles** per room (single or double) per day.

Meals - **1500 rubles** per person per day

If you pay via bank transfer, the cost will be:

For athletes - **15 euros** per person per day

For coaches, judges and team staff - **50 euros** per room per day (single or double)

Meals – **30 euros rubles** per person per day.

The payment agreement will be sent to you in advance.

VISA to RUSSIA

Participants from the foreign countries should arrange their visas to Russia well in advance. In order to get assistance in this matter please fill “Visa Form” and send it together with passport copy

e-mail: russiansynchro@yandex.ru or tg25@bk.ru



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FINANCIAL CONDITIONS

Travel and accommodation are at the expense of the participating teams.

Visa support fee : - 30 € per person

Entrance fee for participation:

Solo - 30 euros per person

Duet \ Mixed Duet - 20 euros per person

Team (8 + 2 reserves) - 15 euros per person

Free Combination (10 + 2 reserve) - 10 euros per person

If you need a PCR test to return home, please let us know at the Team Leader meeting. The costs of the PCR test are covered by the participating teams.

The cost of one PCR test is **2500 rubles**.

TRANSPORTATION

The Organizing Committee will provide all teams and officials with local transportation and transfer from/to the Chekhov city.

TRAVELLING TO CHEHOV

The nearest airport is "Domodedovo" (60 km)", also "Sheremetyevo-1", "Sheremetyevo-2" (180 km), "Vnukovo" (100 km) are international.

Please check if there is a direct flight to Moscow from your country.

COVID-19 RULES

- Each competitor, judge, coach or other team member must present a PCR Test Certificate for COVID-19 valid 72 hours prior to arrival at the hotel. The document must be in Russian or English.

- All participants must wear masks at the venue and treat their hands with hand sanitizer when entering the venue or hotel.

- At the entrance to the venue, body temperature will be measured. Participants with a body temperature above 37.1 are not allowed to the venue.

- We recommend making insurance for all members of your team, in case of hospitalization or self-isolation. All costs associated with hospitalization or self-isolation are covered by the participating team.



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DEADLINES

ALL FORMS ARE TO BE RETURNED TO THE ORGANISERS

Preliminary Entry Form - **October 15, 2021** - tg25@bk.ru, fsp_mo@mail.ru

Visa Form **November 1, 2021** - russiansynchro@yandex.ru

Travel Form **November 8, 2021** - russiansynchro@yandex.ru,
tg25@bk.ru, fsp_mo@mail.ru

Accommodation Form **November 8, 2021** - tg25@bk.ru, fsp_mo@mail.ru

Final Entry Form **December 1, 2021** - tg25@bk.ru, fsp_mo@mail.ru

ORGANISING COMMITTEE ADDRESS

Synchronised (artistic) Swimming Federation of Moscow Region

30, Poligrafistovst., 142300, city Chehov, Russia

Contact person Ms. Brusnikina Olga

Fax: +7-496 723-47-38

Tel.: +7-985 921-91-67

e-mail: fsp_mo@mail.ru

RUSSIAN SYNCHRONISED (artistic) SWIMMING FEDERATION ADDRESS

Luzhnetskaya nab, 8, 119992, Moscow, Russia

Contact person:

Ms. Boldyreva Natalia e-mail: russiansynchro@yandex.ru

Ms. Galkova Tatiana e-mail: tg25@bk.ru

Fax: +7-495 725 47 20

Tel: +7-495 637 02 16